



354 West Lancaster Avenue • Suite 224 • Haverford, PA 19041

P (610) 645-4567 • F (610) 645-4573 SURVIVORS' HELPLINE: (888) 753-LBBC(5222)

ABOUT LIVING BEYOND BREAST CANCER

Mission. Living Beyond Breast Cancer (LBBC), founded in 1991, is a national nonprofit education and support organization serving women and families affected by breast cancer. LBBC's mission is to empower all women affected by breast cancer to live as long as possible with the best quality of life.

Programs and Services

lbbc.org. Visitors can learn about breast cancer issues; access a library of transcripts and MP3 podcasts of our programs; get details on LBBC programs, services and publications; access LBBC's calendar of events, message boards and Web links; and participate in special online communities for women who are newly diagnosed, women with advanced breast cancer, women at high risk and Latina and African-American women with breast cancer.

Survivors' Helpline (888) 753-LBBC (5222). Volunteers on LBBC's national toll-free telephone service offer peer support, information and hope in a confidential setting. A personalized matching service connects callers with women in similar circumstances.

Teleconferences. Free teleconferences address medical findings from leading breast cancer conferences, give detailed information on new treatments and clinical trials and explore emotional issues. Scheduled at convenient times, teleconferences offer opportunities for participants to ask questions.

Conferences. Educational conferences help women make informed choices about their health and well-being and assist their families, friends and healthcare providers. National experts share the latest information in large sessions and in specialized, interactive workshops. LBBC offers travel grants and fee waivers to ensure access to all.

Newsletters. *Insight*, LBBC's quarterly national newsletter, delivers medical information in clear, understandable language and explores emotional issues respectfully and compassionately. *Community Connection*, LBBC's regional newsletter serves the Philadelphia and surrounding areas.

Publications. The *Guide to Understanding* series addresses the unique needs of women newly diagnosed with early-stage breast cancer and women with advanced breast cancer. Resources for women of color include the culturally sensitive books *Getting Connected: African-Americans Living Beyond Breast Cancer* and *We Celebrate Tomorrow: Latinas Living Beyond Breast Cancer/Celebramos el Mañana: Latinas que Sobreviven el Cáncer del Seno*. Publications are distributed free to women with breast cancer and at low cost to health and social service providers.

Recordings and Transcripts. Free transcripts and MP3 podcasts from the LBBC online library contain presentations from experts on a wide variety of medical treatments and quality-of-life concerns. Low-cost compact discs are available by request.

Workshops and Trainings. *Getting Connected* and *We Celebrate Tomorrow* are used as the focal points for healthcare provider trainings aimed at increasing sensitivity toward medically underserved women and families of color. LBBC presents workshops at high-level conferences and health fairs.

Networking Programs. LBBC's networking events in the Philadelphia area bring experts and women and families face-to-face for networking and information. Specialized programs focus on the needs of young women, women of color and women at high risk for developing breast cancer.

Outreach Programs. Through *Project Connect*, LBBC's outreach programs give women of color a safe place to learn and explore.

Cis B. Golder Quality of Life Grant. Established in 2005, this program offers small, one-time grants to women in the Philadelphia area for immediate financial needs and to support a good quality of life.

Library. LBBC maintains the Paula A. Seidman Library and Resource Center, the Philadelphia region's only comprehensive library of books and resources on breast cancer. The center contains books, pamphlets, newsletters and magazines on breast cancer and related topics, as well as a computer for Internet research.